



Cultures in Pregnancy Informed Choice

Gonorrhea/Chlamydia

Chlamydia is the most common sexually transmitted infection, and is often present without any symptoms. If untreated, it can lead to Pelvic Inflammatory Disorders, ectopic pregnancy and infertility. If present during pregnancy, it can lead to preterm labor; and if present in labor can cause pneumonia or an eye infection which can lead to blindness (this is why an antibiotic ointment is offered to all newborns shortly after birth). For these reasons it is advised to test early in pregnancy in order to be able to treat any infection. Testing involves a simple urine test, and treatment includes antibiotics.

___ I choose to have Gonorrhea/Chlamydia testing in my pregnancy

___ I choose not to have Gonorrhea/Chlamydia testing in my pregnancy

Client Signature

Date

Urine Analysis/Culture

Urinary tract infections are common in pregnancy. Symptoms include: pain or burning with urination, frequent or urgent need to urinate, fever/chills. However it is also common to have an infection without symptoms in pregnancy and that normal pregnancy changes mask symptoms. An untreated infection can lead to a kidney infection or preterm labor and can increase fetal heart rate. Testing involves a clean catch urine sample and is advised at the beginning of pregnancy or if any symptoms are present. Treatment can include cranberry supplements or antibiotics.

___ I choose to have a Urine Analysis/Culture screening in my pregnancy

___ I choose NOT to have Urine Analysis/Culture screening.

Client Signature

Date